

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Formal Hung Kuen Mixed class 10:00–11:00am	Blue Kung Fu Mixed class 7:00–8:00pm		Yellow Kung Fu Mixed class 7:00–8:00pm			Jiu-jitsu Tai-jitsu Mixed class 10:30am-Noon
	Judo & Jiu-jitsu 7:30 Warm-up 8:00–9:30pm	Jiu-jitsu Tai-jitsu Mixed class 7:30–9:00pm	Judo Judo-do Mixed class 7:30 Warm-up 8:00–9:30pm	Judo & Jiu-jitsu Mixed class 7:30–9:00pm	Judo & Jiu-jitsu Mixed class 7:30–9:00pm	Mighty Mites 11am-Noon
	JJ Strategy of Sword Mixed class 9:30–10:30pm			Rain Blossum Sword Mixed class 9:00–10:00pm		Judo Judo-do Mixed class 2:00–3:30pm
						Self defence 3:30–4:30pm